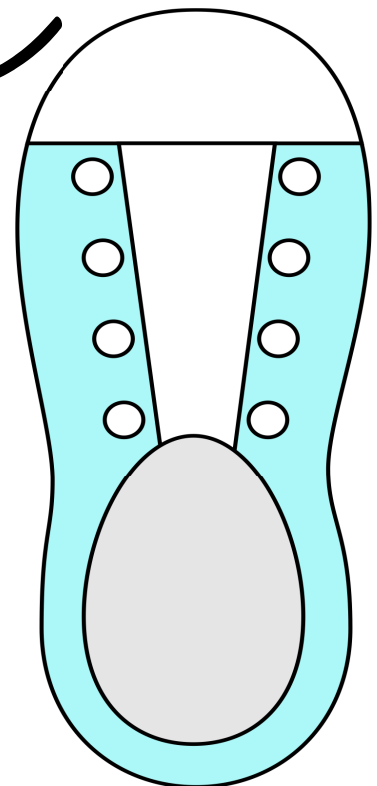


SHOE LACING CARD TEMPLATE

for
SHOE TYING
Practice

FREE
PRINTABLE!

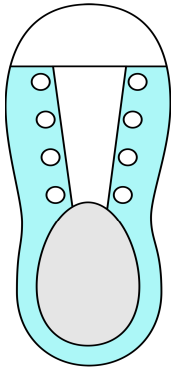


Border from the Pond <https://www.teacherspayteachers.com/Store/Graphics-From-The-Pond>

Banner Image from Teaching Super Power <https://www.teacherspayteachers.com/Store/Teaching-Super-Power>

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SHOE LACING CARD

SHOE TYING *Practice*

INSTRUCTIONS:

1 Print template on heavy paper, cardstock, and laminate for durability.

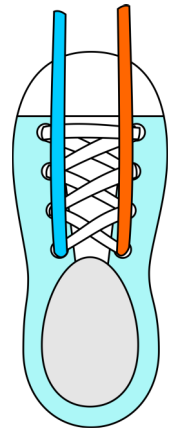
2  Cut out template.

3 Using a hole punch, punch out each dot.

4 Thread laces through holes. We suggest using 2 colors and tying in middle.

5 Tape template down on a hard surface.
This could be:

- Small Cardboard Box (cereal box, shoe box)
- 1" binder rotated horizontally
- Table/Desk

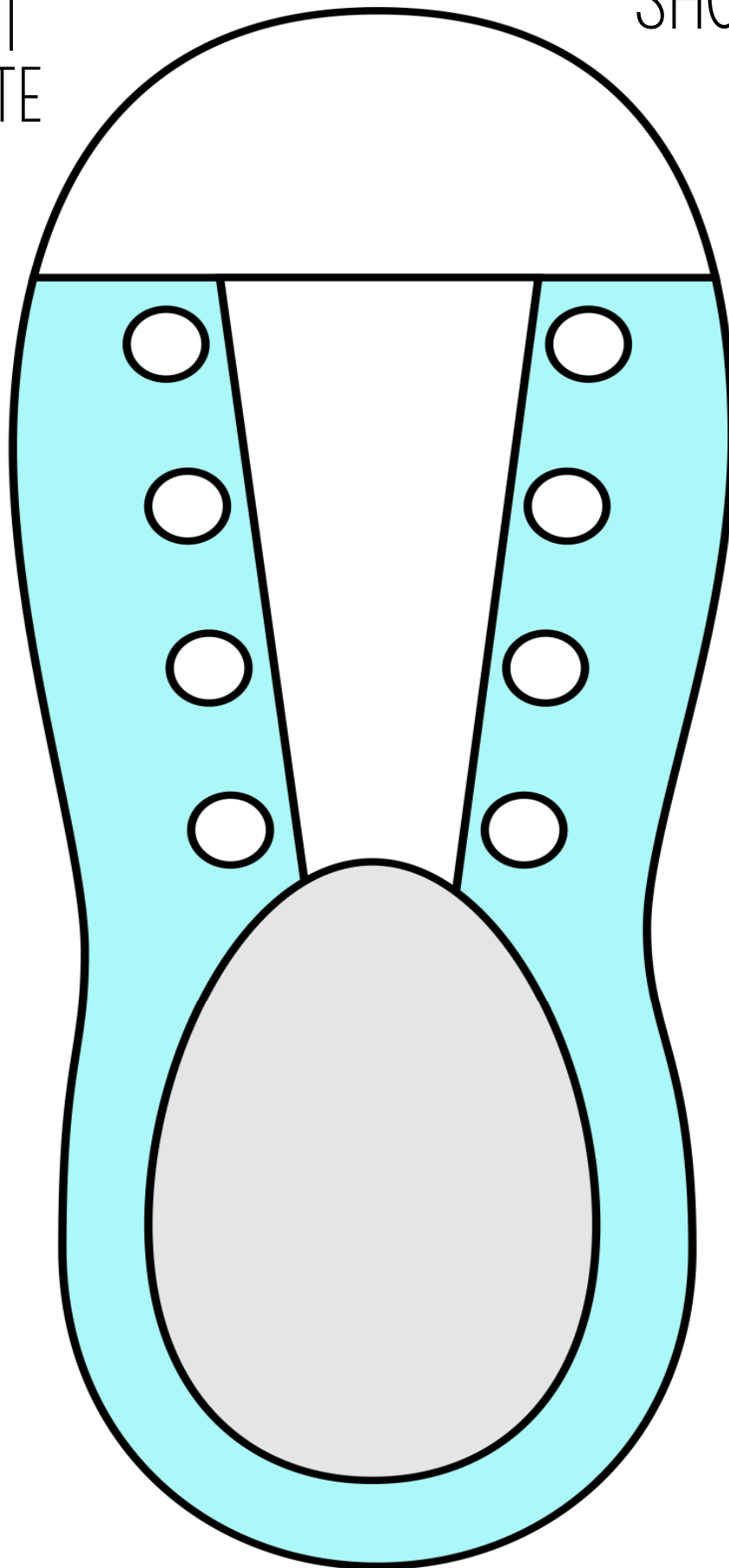


6 Use simple wording/visuals to teach each step to tying shoes. Try our posters or cards.

Optional: Send home practice shoe template with record sheet for extra reinforcement to achieve success!

 CUT OUT
TEMPLATE

SHOE LACING
CARD



BECOME A FULL MEMBER TO ACCESS ALL SHOE TYING Resources!

1 CHECKLISTS/DOCUMENTATION:

CHECKLIST: TIE SHOES
BUNNY EAR DOUBLE LOOP METHOD

STEPS	VISUAL	DATE
MAKE A KNOT		
1. Hold a lace in each hand.		
2. Cross the laces together to make an "X" with the left/blue lace in front.		
3. Use right hand to push blue lace under bottom of "X".		
4. Pull the laces to tighten.		
BUNNY METHOD		
5. Cross the "bunny ears" over each other with the right/blue ear in front.		
6. Use right hand to push right/orange ear through the "hole".		
7. Push right/orange lace through the "hole".		
8. Hold a "bunny ear" in each hand and pull to tighten.		

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CHECKLIST: TIE SHOES
SINGLE LOOP METHOD

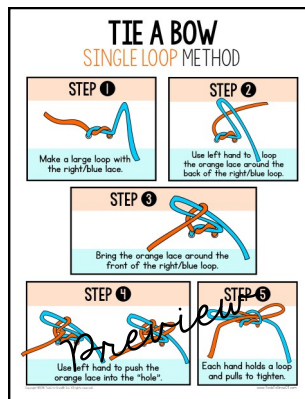
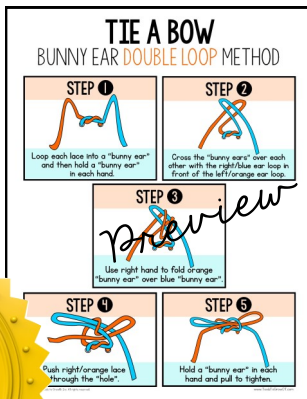
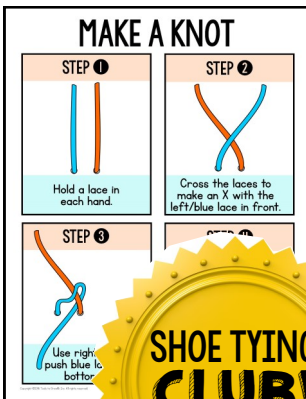
STEPS	VISUAL	DATE
MAKE A KNOT		
1. Hold a lace in each hand.		
2. Cross the laces together to make an "X" with the left/blue lace in front.		
3. Use right hand to push blue lace under bottom of "X".		
4. Pull the laces to tighten.		
SINGLE LOOP METHOD		
5. Make a loop with the right/blue lace.		
6. Use left hand to loop the orange lace around the back of the right/blue loop.		
7. Use right hand to push the orange lace into the "hole".		
8. Each hand holds a loop and pull to tighten.		

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3 HOME PROGRAM:

2 POSTERS/CARDS:



SHOE TYING HOME PROGRAM
Record Shoe Tying Practice

NAME: _____

Instructions: Practice tying your shoes everyday this week. Color in a shoe each time you practice.

DAY OF THE WEEK	I PRACTICED TYING MY SHOES
Sunday	
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	

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3 SHOE TYING CLUB REWARDS & TRACKER:

